In the 3rd Luminous Mystery, we read and we meditate undisturbed:

-	
	A SYSTEMATIC CARD for the
	METHOD of PRAYER- ADP-VV
	(Compiled by the Little Friars and Nuns of Jesus and Mary)
_	

 $(\mathbf{H} \mathbf{1} - Friar P.M.V. - F.)$

"The Announcement of the Kingdom of God"...

FROM THE GOSPEL ACCORDING TO - LUKE -:

"[Jesus] summoned the Twelve and gave them power and authority over all demons and to cure diseases, and he sent them to proclaim the kingdom of God and to heal [the sick]....Then they set out and went from village to village proclaiming the good news and curing diseases everywhere." (Luke 9:1-2, 6)¹

MEDITATION ON THE MYSTERY:

Lord, give us the grace to be powerful Announcers of the Kingdom of Heaven, and great bringers of joy, because in our case "a Christian without joy would be like a fishing line without bait!" (cf. SLC, p. 83)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to Announcement, Pope Pius XI says: "A preacher who does not try to ratify by his life's example the truth he preaches, only pulls down with one hand what he builds up with the other.' (POPE PIUS XI, Enciclical Ad Cattolici Sacerdotii, 20 December 1935, n. 36)

¹NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

Then follows ...

- 5 Hail Mary ... 1 Glory be to the Father ... (Sung)
- Praised be,,,O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, Aveeeee, Ave Maria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...

¹ Our Father ...